

1
2 What is claimed is:

3 1. A barbell weight plate for weightlifting curl bars comprising:

4 (a) two bodies hingedly connected to close together or separate; and,

5 (b) latch means associated with said two bodies for latching and unlatching
6 said two bodies to permit said two bodies to be locked and unlocked such
7 that when said two bodies are locked together said two bodies have a
8 circular configuration with an opening therethrough at the center thereof
9 such that said two bodies may be removeably mounted to said
10 weightlifting curl bar.

11
12 2. The barbell weight recited in claim 1 where said latch means comprises a latch
13 member carried by one of said two bodies and a latch pin carried by the other of
14 said two bodies.

15
16 3. The barbell weight recited in claim 1 where said opening has a circular
17 configuration having a sufficient radius dimension to permit said opening to
18 compressively engage said weightlifting curl bar.

19
20 4. The barbell weight recited in claim 1 where said opening has a regular polygon
21 configuration having an apothem of sufficient dimension to permit said opening
22 to compressively engage said weightlifting curl bar;

23
24 5. The barbell weight recited in claim 1 where said latch means comprises a latch
25 member carried by one of said two bodies and a latch pin carried by the other of
26 said two bodies;

27
28 6. A barbell weight plate for weightlifting curl bars comprising:

29 (a) two bodies hingedly connected to close together or separate; and,
30

1 (b) latch means associated with said two bodies for latching and unlatching
2 said two bodies to permit said two bodies to be locked and unlocked such
3 that when said two bodies are locked together said two bodies have a
4 polygon configuration with an opening therethrough at the center thereof
5 such that said two bodies may be removeably mounted to said
6 weightlifting curl bar.

7
8 7. The barbell weight recited in claim 6 where said latch means comprises a latch
9 member carried by one of said two bodies and a latch pin carried by the other of
10 said two bodies.

11
12 8. The barbell weight recited in claim 6 where said opening has a circular
13 configuration having a sufficient radius dimension to permit said opening to
14 compressively engage said weightlifting curl bar.

15
16 9. The barbell weight recited in claim 6 where said opening has a regular polygon
17 configuration having an apothem of sufficient dimension to permit said opening
18 to compressively engage said weightlifting curl bar;

19
20 10. The barbell weight recited in claim 6 where said latch means comprises a latch
21 member carried by one of said two bodies and a latch pin carried by the other of
22 said two bodies;

23
24 11. A barbell weight plate for weightlifting curl bars comprising:

25 (a) two bodies hingedly connected to close together or separated; and,

26 (b) latch means associated with said two bodies for latching and unlatching
27 said two bodies to permit said two bodies to be locked and unlocked such
28 that when said two bodies are locked together said two bodies have a
29 triangular configuration with an opening therethrough at the center thereof
30

1 such that said two bodies may be removeably mounted to said
2 weightlifting curl bar.

3
4 12. The barbell weight recited in claim 11 where said latch means comprises a latch
5 member carried by one of said two bodies and a latch pin carried by the other of
6 said two bodies.

7
8 13. The barbell weight recited in claim 11 where said opening has a circular
9 configuration having a sufficient radius dimension to permit said opening to
10 compressively engage said weightlifting curl bar.

11
12 14. The barbell weight recited in claim 11 where said opening has a polygon
13 configuration having an apothem of sufficient dimension to permit said opening
14 to compressively engage said weightlifting curl bar;

15
16 15. The barbell weight recited in claim 11 where said latch means comprises a latch
17 member carried by one of said two bodies and a latch pin carried by the other of
18 said two bodies.